

## Faith Summary

The Mass is the most important celebration in the Church and is the central place where we worship. In the Eucharist we remember Jesus' life, Death, and Resurrection. We celebrate the Eucharist on the Lord's Day and on the Holy Days of Obligation.



### Words I Learned

epistle  
worship

### Ways of Being Like Jesus

Jesus shared bread and wine with his disciples. *Imitate Jesus by gathering for Mass and celebrating the Eucharist.*



### Prayer

*Jesus, thank you for giving me yourself in the Eucharist. Thank you for making me one with God's family as I celebrate this sacrament.*



## With My Family

**Activity** After celebrating Mass as a family, share a special meal. Have each member help prepare for the meal, such as setting the table or pouring drinks.

**Faith on the Go** Ask one another: *How do you prepare yourself to receive the consecrated Bread and Wine when we celebrate the Eucharist?*

**Family Prayer** *Dear God, thank you for Mass so that we can celebrate the Eucharist with our brothers and sisters. Amen.*

