Air Is Good
Keep these ideas in mind as you study Chapter 23.

Jesus gives us the gift of the Holy Spirit. The Holy Spirit is like air. We cannot see it, but we feel it. The Holy Spirit helps and guides us.  

At Baptism, we receive the Holy Spirit. The symbols of the Holy Spirit are a dove, a flame, and the wind. The Holy Spirit helps us make good choices.

The Holy Spirit helps us show Jesus’ love to others. We pray, “Come, Holy Spirit, come.”

The Holy Spirit helps us love like Jesus. The Holy Spirit is always with us.

Saint Paul traveled, preached, and wrote about Jesus’ love for us. He guided Jesus’ first followers.

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