Quiet Is Good

Keep these ideas in mind as you study Chapter 5.

God is always in our hearts. He is with us in a special way in church. PAGE 26

The Three Persons of God are the Father, the Son, and the Holy Spirit. One God in Three Persons is called the Trinity. PAGE 27

The church is a quiet, holy place. In quiet moments, we can fill our hearts with God. PAGE 28

Actions can be quiet prayers. PAGE 29

Quiet helps us know God better. PAGE 30

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