

Jesus Promised the Gift of Himself

Keep these ideas in mind as you study *Chapter 15*.

❖ Jesus took five loaves and two fish from a boy in the crowd. He prayed over them. Then he shared with the entire crowd. With the five loaves and two fish, he was able to feed everyone.

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❖ Jesus said that we will live forever if we eat the living bread that came down from heaven. The living bread is Holy Communion.

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❖ Many people didn't believe Jesus. They said, "How can he give us his body to eat?" The twelve apostles had faith. They believed.

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❖ Today Jesus Christ comes to us in his Body and Blood. We receive him in Holy Communion. We believe.

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❖ Holy Communion is called the Eucharist, the living bread, and the host. No matter what it is called, Jesus Christ is still present.

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❖ The consecrated bread is Jesus Christ's Body. The consecrated wine is his Blood. When the priest prays over the bread and wine, they become the Body and Blood of Jesus Christ.

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