God has done too many good things for us to count. He loves us so much that he wants us to share in his life. Through worship we praise God.  

God chose the Israelites to be his people. He taught them how to worship him. Jewish people today still pray to God in synagogues.  

God chose to reveal himself to the Israelites, who responded with love. Then, through Jesus, Christian worship grew out of Jewish worship.  

Even those who do not know the true God are still God’s children. God wants all to come to him, and he wants all Christians to help.  

Jesus taught the first Christians the Lord’s Prayer and how to worship his Father. For all Christians, the greatest act of worship is the Eucharist.  

The word alleluia comes from the Hebrew words hallel (“praise”) and yah (the first syllable of “Yahweh,” a name for God).  

We honor God through worship. Two ways that we can worship are through prayer and loving service.  

Prayer is an important way we worship. In prayer, we can ask for help, but we also praise our Creator. We can pray alone or as a community.  

All prayer is important to God. Any time we pray, together or alone, God listens and responds.  

Jesus told us to love God and to love others. Treating everyone with love and respect is a way we give loving service. It is a way to worship God.

For more games, activities, and resources related to Christ Our Life, please visit [www.christourlife.com](http://www.christourlife.com).