

# God's Healing Love

Keep these ideas in mind as you study *Chapter 13*.

❖ The Anointing of the Sick gives us God's grace and strength in times of serious illness. The Sacrament of Penance and Reconciliation heals the damage our sins have caused to our relationship with God. These are the Sacraments of Healing.

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❖ God gave us freedom to choose. If our choice leads to sin, we are responsible for our sin. Because of Jesus' sacrifice, we can be forgiven of any sin we have committed.

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❖ God has given us many gifts to help us know what is the right choice and what is the wrong choice. Conscience is the most powerful of these gifts. However, we must form our conscience and make it stronger.

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❖ God gave us the Ten Commandments, Scripture, the sacraments, and the teachings of Jesus and his Church to help us form our conscience.

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❖ Becoming holy like Jesus is the work that begins at Baptism. Christ gives us sanctifying grace to help us continue this work.

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❖ Jesus suffered and died on the Cross because he loves us. His sacrifice redeemed us from sin and death. Because of Jesus' sacrifice, we can join him with the Father one day in heaven.

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❖ We commit sin when we do something that disobeys God's law of love. We also sin when we choose not to do something God would want us to do.

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❖ We commit mortal sin when we do something seriously wrong, we know it is seriously wrong, and we freely choose to do it anyway. Mortal sin cuts us off from God. Only through the Sacrament of Reconciliation can mortal sin be absolved.

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❖ There are many ways to receive forgiveness for venial sins. It is good to confess venial sins in the Sacrament of Reconciliation because they can become habits.

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❖ Jesus wants all of us to spend eternity in heaven with him. He knows that we make mistakes and commit sin. Through his sacrifice, we can be forgiven for our sins and become holy like him.

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