

# Reforming the Church

Keep these ideas in mind as you study Chapter 16.

❖ The Church was able to respond to the challenges of the 16th century because the Holy Spirit is always making the Church holy and giving it life. Guided by the Holy Spirit, the bishops of the Church organized the Council of Trent to reform the Church by reexamining Catholic beliefs.

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❖ The Council of Trent was a strong response to the challenges of Martin Luther and others. It inspired the renewal of Catholic life and the founding of new communities such as the Oratorians and the Jesuits. The Council emphasized that the seven sacraments are signs, instituted by Jesus and given to the Church, through which we receive grace. The Council formed the Church into the 20th century.

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❖ Under Charles Borromeo's guidance, a catechism based on the Council of Trent was completed. Charles restored the liturgy and established seminaries. The *Catechism of the Catholic Church*, published in 1992, is built on four pillars: the creed, the sacraments, the moral life, and prayer. "We believe in one God" is an example of the creed. The Eucharist is an example of the sacraments. "Love your neighbor as yourself" is an example of the moral life. The Rosary is an example of prayer.

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❖ Teresa from Ávila, a Carmelite sister, changed her life and her community by devoting her life to prayer and penance for Christ and the Church. She is called a mystic because she was granted an experience of direct union with God. She was also given the title Doctor of the Church.

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❖ Thomas More refused to acknowledge King Henry VIII as head of the Church in England. He said, "I die the king's good servant, but God's first."

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❖ Saint Ignatius of Loyola founded a new order of priests called the Society of Jesus, or the Jesuits. He wanted his order to do any work or go anywhere in the world to serve the Church.

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❖ Saint Ignatius of Loyola developed a simple form of meditation by which we can reflect on each day to help us recognize God's presence in our lives. The Daily Examen's simple steps are recalling God's presence, expressing thankfulness, looking back on your day, asking for forgiveness, and resolving to grow.

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