

Faith Summary

Although we are all tempted to sin, we can use free will to make good choices. When we make an examination of conscience and cooperate with the Holy Spirit, we can choose to live in true freedom and to practice the virtue of prudence.



Word I Learned

prudence

Ways of Being Like Jesus

Jesus formed a good conscience by spending time in prayer.

Form a good conscience by making a frequent examination of conscience.



Prayer

Holy Spirit, help us follow you and use our free will to make prudent choices.

With My Family

Activity Read aloud a children's book, such as *The Rainbow Fish* or *The Selfish Giant*, in which the characters respond to a temptation. Discuss whether you would make the same choices as the characters.

Faith on the Go Ask one another: *What is one way I can make the Fruits of the Holy Spirit a part of my life?*

Family Prayer *God, help us follow the Holy Spirit by using our free will to make prudent choices. Guide us to examine our actions and form good consciences.*

