

## Faith Summary

Jesus is the Bread of Life. At the Last Supper, he gave us the Eucharist, which is the source of Christian life. Jesus is present at the liturgy in the priest, the assembly, the Word of God, and in a special way in the Body and Blood of Jesus Christ.

### Words I Learned

assembly    Passover

### Ways of Being Like Jesus

Jesus was alert to the needs of others and offered help to those who needed it. *Help others just by listening to them, or sometimes you can give time and help even though you haven't been asked.*



Jesus and the disciples  
at the Last Supper



### Prayer

*Jesus, thank you for your gift of the Eucharist that helps me stay close to you.*

## With My Family

**Activity** Be responsible with the food your family prepares and eats. Shop and plan this week's meals so that there will be no waste. Begin by using items you already have in your kitchen. If there are leftovers, plan to eat them the next day or use them to prepare another meal.

**Faith on the Go** Ask one another: *In what ways, other than with food, do we "feed" one another?*

**Family Prayer** *Jesus, bless this family as we share food that feeds our bodies. Help us grow closer to you through the Eucharist, which feeds our souls.*

