

Following Jesus

Keep these ideas in mind as you study **Unit 5, Session 23**.

The Old Testament is the story of God's love for the Jewish people. The New Testament is the story of Jesus' life.

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In the Old Testament, God gave Moses the Ten Commandments.

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In the New Testament, Jesus gave us the Great Commandment. The Great Commandment teaches us how to follow God and to love and care for others.

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We should love God with all our heart, soul, and mind.

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Jesus wants us to be happy, so he taught us the Beatitudes.

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The Beatitudes teach us how to live in peace with others.

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Elizabeth Ann Seton was the first American-born person to be named a saint. She always found time to help others.

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Jesus teaches us that all people are our neighbors.

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Jesus teaches us to love others as we love ourselves.

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