

# Created to Be Happy

Keep these ideas in mind as you study **Unit 1, Session 1**.

Saint Ignatius of Loyola was born in Spain. He was a soldier until he laid down his sword and pledged his life to God. He wrote a book called *Spiritual Exercises* that told what he had learned about God and Jesus.

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A creed tells us what people believe.

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Catholics pray a special prayer called the Apostles' Creed. The Apostles' Creed tells the beliefs of our Catholic faith and begins with "I believe in God, the Father almighty, Creator of heaven and earth . . ."

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An apostle was a special follower of Jesus'.

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After God looked at everything he had made, he felt all his creation was good.

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A song of praise is a kind of prayer that tells God we believe in him and love him.

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If we want to know God, we can begin by caring for the world he gives us.

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The Bible is the Word of God. We can know about God and creation by reading the Bible.

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God created all things because of his love.

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We can know and love God through the beauty of our world that leads us to him.

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