

Celebrating Reconciliation

Keep these ideas in mind as you study **Unit 4, Session 17**.

After the Resurrection, Jesus Christ visited the disciples. He showed the disciples the marks from his Crucifixion and gave them peace and the authority to forgive sins.

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When we disobey God and are self-centered, we are committing personal sin. When we reject God totally, we commit mortal sin.

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Baptism takes away Original Sin.

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God asks us not to form a habit of committing sins.

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Venial sins are less serious than mortal sins.

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After we confess our sins, we may have to do penance.

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We pray the Act of Contrition to tell Jesus we are sorry.

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When others hurt our feelings, we should offer them forgiveness.

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In the Sacrament of Penance and Reconciliation, we confess our sins to a priest and receive absolution. God forgives us, and we can then be at peace with God and ourselves.

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