

Celebrating Lent and Holy Week

Keep these ideas in mind as you study **Unit 4, Session 20**.

The season of Lent begins on Ash Wednesday, 40 days before Easter Sunday, and ends on the evening of Holy Thursday.

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During Lent we prepare for the celebration of Jesus' Resurrection at Easter by praying and thinking about how to follow Jesus more closely.

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Holy Week begins on Palm Sunday and includes Holy Thursday, Good Friday, and Holy Saturday.

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During Lent we practice almsgiving, when we give money to people who are poor or in need.

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During Lent the Church appears very simple and plain.

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During Lent the priest wears purple vestments.

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When Jesus fasted and prayed in the desert, Satan tried to tempt him.

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We make our hearts ready for Easter by caring for those in need, resisting temptation, and remembering how Jesus suffered.

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