

The Beatitudes

Keep these ideas in mind as you study **Unit 2, Session 7**.

In a Scripture passage from Matthew's Gospel, called the Sermon on the Mount, Jesus told his listeners how to live so that they could be happy. These teachings are called the Beatitudes.

PAGE 27

People who are poor in spirit know they can depend on God first.

PAGE 28

Blessed are those who mourn, for they will be comforted.

PAGE 28

The meek are people who are kind to others. They will inherit the land.

PAGE 28

The clean of heart are those who always try to follow Jesus' example. They will see God.

PAGE 28

People who are righteous do the right thing, even when it is difficult.

PAGE 28

We can be peacemakers by trying to get along with others.

PAGE 28

People who are merciful forgive one another. When we exchange a sign of peace at Mass, we show our willingness to forgive others.

PAGE 28

Saint Francis of Assisi always tried to follow Jesus' example. He asked God to help him make peace in the world by being a peacemaker.

PAGE 29

Saint Jerome translated the Bible from Greek into Latin, a more commonly known language at the time. Saint Jerome is often shown with a lion, due to the legend that he removed a thorn from a lion's paw.

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