The Catechumenate in the Early Church

Keep these ideas in mind as you study Unit 1, Session 4.

In the early Church, the process of becoming a Christian, known as the catechumenate, took several years. The catechumens were allowed to join the Christian community in liturgy. They were then asked to leave before the Liturgy of the Eucharist. When their initiation was complete, catechumens became known as neophytes, or beginners in the faith.  PAGE 28

By professing loyalty to God, those who were preparing to join the Church could have been charged with treason and sentenced to death.  PAGE 28

For the first few centuries of the Church’s history, the Sacraments of Initiation were celebrated together at the same time. Today, though, most Catholics are baptized as infants and receive First Holy Communion and Confirmation when they are older.  PAGE 29

Because of Adam and Eve’s choice to turn away from God, we are born into Original Sin.  PAGE 30

The virtue that guides us to give to God and others what is due them is known as justice.  PAGES 30 AND 312

Just as water cleansed the earth of sin during the great Flood, so does it cleanse us from the stain of Original Sin. Catechumens are taught that they are re-created through the waters of Baptism.  PAGE 30

The graces that are bestowed by the Holy Spirit through Baptism and Confirmation confer upon us God’s righteousness and leave a character, or indelible sign, on our soul. Graces that we receive in Baptism consecrate us for worship.  PAGE 30

When we are confirmed, the celebrant anoints the forehead of the person being confirmed and says, “Be sealed with the Gift of the Holy Spirit.”  PAGE 31

To be confirmed, one must have reached the age of reason, usually around seven years of age; be willing to profess freely faith in Christ and his Church; be in a state of grace; have the intention of receiving the sacrament; and be willing to follow Jesus.  PAGE 31

Through the Sacrament of the Eucharist, we are united with Christ and his act of praise and thanksgiving offered on the Cross.  PAGE 31

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