

Faith Summary

We often celebrate important events by sharing a meal together. On Sunday, the Lord's Day, we gather as a community to celebrate the Mass. The bread and wine are consecrated and become the Body and Blood of Jesus Christ. We attend Mass on Sundays and the Holy Days of Obligation.

Word I Learned

compassion*

Ways of Being Like Jesus

Jesus nourishes us in the Eucharist. *Help nourish others by making a donation to a food pantry.*



Prayer

Thank you, God, for the gift of the Eucharist. May it help strengthen us so that we can share your love with others.



With My Family

Activity Share a special meal together during the next week. You may wish to use a tablecloth and candles or serve special foods. Before eating, remember to pray a prayer of thanks to God.

Faith on the Go Ask one another: *How does receiving the Eucharist help you live as Jesus' disciple?*

Family Prayer *Thank you, God, for the gift of the Eucharist. May it strengthen us to live as your disciples.*