

RAISING FAITH-FILLED KIDS

a parent page

Focus on Faith

The Holy Spirit Helps Us Feel Loved

Everyone needs approval. Feeling appreciated and liked is especially important in the life of a child. Our words are extremely powerful because they help to form our children's identities. When we think about this issue, it is helpful to remember and reflect on the people in our lives who helped us to realize how important we are. Our hearts can skip a beat just thinking of their words of approval. This sense of well-being is one of the ways we recognize the depth of God's love for us. As our children come before us in fragility and hope, we must recognize the opportunity presented to us: discovering the individuals whom the Holy Spirit is calling our children to be. What could be more valuable?

Dinnertime Conversation Starter

Share with your child something you recall about a person who was important to you. What did this person say or do that made such an impression? Talk together about people who are important in your child's life. Are there similarities?

Our Catholic Heritage

Many people work hard for peace. During the Great Depression, Dorothy Day formed the Catholic Worker



Movement and dedicated her life to providing food, clothing, and shelter to people who were poor, while fighting passionately for peace and equality. She believed so strongly in her cause that she voluntarily led a life of poverty. Today, she is remembered as a holy person.

www.findinggod.com



Spirituality in Action



One of the most important things you can do as a parent to instill a sense of peace in your child is to demonstrate your own respect for people of different cultures, ethnicities, and religions. Go to your local library with your child to find books that show peaceful living. One fun book that

encourages peace by highlighting similarities in children around the globe is *All in a Day* by Mitsumasa Anno and other authors.

Focus on Prayer

Your child is learning to celebrate God as Father, Son, and Holy Spirit through the prayer *Glory Be to the Father*. The more often the prayer is prayed in the home, the quicker and easier it will be for your child to memorize it. Have your family take turns leading the prayer. Visit www.FindingGod.org for words to the prayer.

