

# RAISING FAITH-FILLED KIDS

*a parent page*



## Focus on Faith

### Our Daily Bread

**A**s parents, we want to give our children everything they need. We want them to have a secure home to keep them safe, a balanced diet to keep them healthy, and the clothes they need to protect them from the elements. When we pray the Lord's Prayer and ask God for our daily bread, we are asking him to give us what we need. When we satisfy our children's needs, we are fulfilling their prayers, for it is through us that God answers them.

### Dinnertime Conversation Starter

**D**iscuss with your family the difference between needs and wants. How can personal wants interfere with the needs of others?

## Hints for at Home

Talk with your child about one simple need each member of your family has. How can you give each person what he or she needs? For example, for a family member who needs time to rest, make a Quiet Time sign to hang on a doorknob. Color it and decorate it with yarn.



## Spirituality in Action

With your child, set aside some time to gather clean clothing you no longer need. Collect coats, shoes, hats, pants, and shirts in good condition. As you do this, talk with him or her about the difference between needs and wants, and discuss additional ways of filling the needs of others. Then donate the clothing to your parish or your local thrift store.



## Focus on Prayer

Your child has completed learning the Lord's Prayer. Pray the prayer together slowly and clearly; make sure your child understands the words and their meanings. Visit [www.FindingGod.org](http://www.FindingGod.org) for the words to the Lord's Prayer.

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