

# RAISING FAITH-FILLED KIDS

a parent page

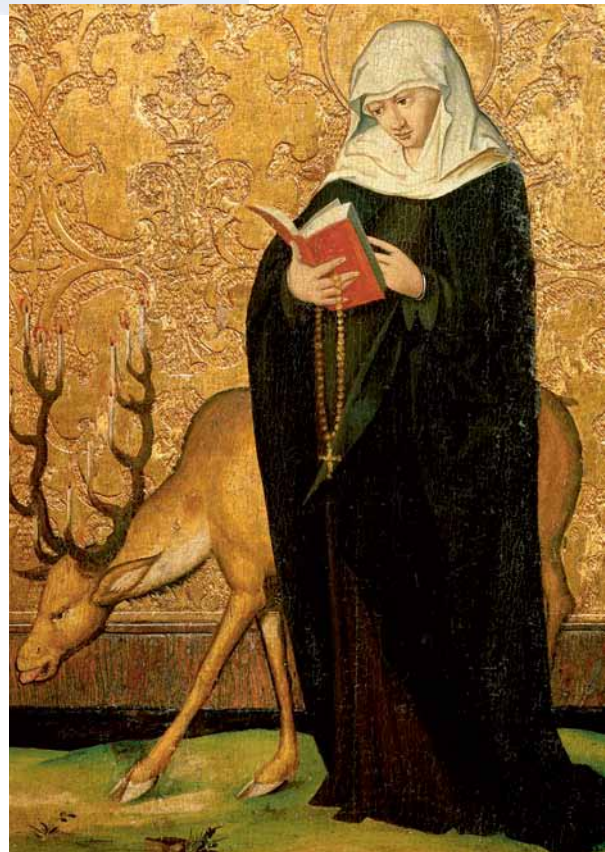
## Focus on Faith

### The Rosary Helps Us to Pray

The most popular devotion in memory of Mary is the Rosary. The word *rosary* means “crown of roses,” which reflects the idea of offering a gift of prayers. The Rosary emerged in medieval times as a form of prayer that people could use at any time or place. The Rosary is a meditative prayer on the mysteries that are scenes from the lives of Jesus and Mary. Praying the Rosary together will help your family to appreciate this way of relating to God.

### Dinnertime Conversation Starter

What devotions or activities are part of your family’s prayer tradition? Plan a way to integrate prayer into your next holiday celebration.



Female Saint with a Stag, Konrad Witz

## Spirituality in Action

Mary has many names, such as Our Lady of Chiquinquirá and Our Lady of Lourdes. Encourage your child to have a special devotion to Mary by creating a name for her as patron of your home. Examples of names could be Our Lady of the Household or Mary, Queen of the Family. Think of other possible titles and then, as a family, choose one.

## Focus on Prayer

Your child has reviewed the Hail Mary and meditated on the Joyful Mysteries of the Rosary. Provide your child with his or her own rosary and emphasize that it is something special to have. Pray the Rosary together and talk about the events of each of the mysteries. Refer to [www.FindingGod.org](http://www.FindingGod.org) for help in praying the Rosary.



[www.findinggod.com](http://www.findinggod.com)

## Our Catholic Heritage

In his document to the bishops called *Marialis Cultus*, Pope Paul VI talked about devotion to the Blessed Virgin Mary. He gave many examples in which he said that modern women would recognize what a strong person Mary was. He said that she is an example for men and women of our time, as “the disciple who works for that justice which sets free the oppressed and for that charity which assists the needy.”

