

# RAISING FAITH-FILLED KIDS

a parent page



Jeanne Jugan, George Pinecross, 1982

## Focus on Faith

### Faith, Hope, and Charity

**B**lessed Jeanne Jugan (1792–1879) was born into a poor family in Brittany, France. In a local hospital she learned how to help those who were even poorer than she. Jeanne begged in order to help those who needed care. One businessman complained that she continued to bother him after he had given her money. Jeanne told him that the poor people she helped were hungry yesterday, are hungry today, would be hungry tomorrow, and that she would continue to beg for them. The businessman relented and became a regular contributor. Jeanne’s community, the Little Sisters of the Poor, continues her work today. Its members are an example of how the decisions of a single person can lead to helping others globally.

### Dinnertime Conversation Starter

**T**alk about a small decision that your family can make today to help others.

## Our Catholic Heritage

The Little Sisters of the Poor, founded by Blessed Jeanne Jugan, are dedicated to helping people who are poor, sick, or elderly. From small beginnings, the religious community spread to thirty countries on five continents. Their service to elderly people is an example of the practice of the theological virtues of faith, hope, and charity. More information about the Little Sisters of the Poor is available on the community’s Web site at [www.littlesistersofthepoor.org](http://www.littlesistersofthepoor.org).

## Spirituality in Action

Consider visiting residents of an assisted living program and spending some time talking with them. Your child could engage in a few crafts beforehand and bring his or her creations to brighten the residents’ rooms. Explain how such acts are an expression of Christian virtues. Helping your child do such things will bring happiness to him or her and pleasure to others.

## Focus on Prayer

Your child has reflected on living the virtues of faith, hope, and charity. Help your child to understand that the grace of the Holy Spirit helps us to respond to God’s call to live for others. Talk with him or her about various ways of practicing this virtue in his or her life.



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