

RAISING FAITH-FILLED KIDS

a parent page

Focus on Faith

Living in Truth

Our children are at an age when they love to learn facts. We want them to succeed in school, so we support their reading and studies. Recall the smartest person in your own class at school, the one who could memorize and summon facts and who got all the awards for academic excellence. Did this person treat others with respect? Was this person honest in relationships? These are the questions the Bible asks when it talks about what it means to live in truth. Growth in Christian life is more than knowing how to demonstrate knowledge. It means becoming someone who can be depended on in times of crisis, who can be trusted to treat others honestly. These are the qualities that God calls us to nurture in our children this and every year.

Dinnertime Conversation Starter

Share together something that each family member learned today.

Hints for at Home

With God we are responsible for taking care of the earth. Talk with your child about ways that you can help conserve precious resources such as air and water. Perhaps you could agree to walk instead of driving to certain places. When you walk, you might carry a trash bag and pick up litter. Talk with your child about the fact that if everyone helped, we could keep God's world clean and beautiful.



www.findinggod.com



Our Catholic Heritage

The Book of Psalms is the Bible's hymn book. It contains 150 poetic compositions, written for use in worship in the Temple in Jerusalem. The Psalms became extremely important after the destruction of the Temple in 587 B.C. They vary widely in content and in tone. Many psalms, such as Psalm 130, ask for God's help. Others, such as Psalm 104, are songs of thanks to God for his creation, his love, and his help. A few psalms, such as Psalm 1, tell us how to live as God wants us to. Other psalms review the history of God's relationship with his people, express sorrow for sin, or tell how wonderful it is to praise God.

Focus on Prayer

Your child learned about silent reflective prayer. Focusing our attention on one object can help us focus on God. This can be a real object such as a picture or candle, or it can be an object that one imagines. If possible, set up a prayer corner in a quiet place in your home. Put a picture or statue on a table or shelf. Add a candle and a small vase for a flower. Encourage your child to use this special area as a place to spend some quiet time to talk with God.

Model the importance of prayer by regularly making time in your busy life for a few minutes of reflection in this special place.

