

Created to Be Happy

Keep these ideas in mind as you study **Unit 1, Session 1**.

PAGE 3

Ignatius of Loyola was born in Spain. He was a soldier until he laid down his sword and pledged his life to God. He wrote a book called *Spiritual Exercises* to help people grow closer to God.

PAGE 5

God created us—the human family—after he made everything else. Before God the Father created the human family, he created light, the sky, the oceans, the land, and everything else that is living. God made us caretakers of all that life.

PAGE 5

We know God by caring for his world. Every action we take to do so, from picking up trash to saving water, is a way to thank God for his creation.

PAGE 6

Catholics pray a prayer called the Apostles' Creed. The Apostles' Creed states the beliefs of our Catholic faith. It begins, "I believe in God, the Father almighty, Creator of heaven and earth."

PAGE 6

An Apostle was a person who followed Jesus during and shortly after his time on earth.

PAGE 6

A creed is a statement of beliefs.

PAGE 7

A song of praise is a kind of prayer that tells God we believe in him and love him.

PAGE 10

The Bible is the Word of God. We can know about God and creation by reading the Bible.

PAGE 10

God creates all things because of his love.

PAGE 10

The beauty of our world reflects the holiness of God and helps us know him.

For more games, activities, and resources related to *Finding God*, please visit www.findinggod.com.

Created to Be Together

Keep these ideas in mind as you study **Unit 1, Session 2**.

PAGE 14

The Sign of the Cross reminds us of the Holy Trinity.

PAGE 14

We pray to God our Father, who created us.

PAGE 14

We pray to Jesus, the Son of God, who is fully God and fully human. He came to tell us about the Father's love and to save us from sin.

PAGE 14

We pray to the Holy Spirit. The Holy Spirit helps us understand how much God loves us and show God's love to others.

PAGE 14

We pray the Sign of the Cross at the start and end of prayers and Mass and to honor the Trinity.

PAGE 15

The Glory Be to the Father is a prayer that praises God as the Trinity.

PAGE 16

Saint Elizabeth of Hungary started a hospital.

PAGE 16

We can be like Jesus when we treat others kindly, help those who are sick, and love others.

God Is Our Father

Keep these ideas in mind as you study **Unit 1, Session 3**.

PAGE 21

Jesus commands his disciples, "Love one another as I love you." In that way, Jesus teaches us about God's love.

PAGE 22

Jesus reveals to us that God is our Father.

PAGE 22

Sometimes Jesus called God *Abba*, a name like Dad or Papa.

PAGE 22

When we pray, we raise our hearts and minds to God.

PAGE 23

We pray the Lord's Prayer as we prepare to receive Holy Communion.

PAGE 24

Be a good listener to show others you care.

PAGE 24

God wants us to think of the feelings of others and forgive them, just as he forgives us.

PAGE 25

The Lord's Prayer is our most important prayer. It brings us closer to God the Father, to Jesus the Son, and to one another through the Holy Spirit.

PAGES 25 AND 26

Jesus taught us the Lord's Prayer. In the Lord's Prayer, Jesus tells us that God wants us to forgive others.

Jesus Is with Us

Keep these ideas in mind as you study **Unit 1, Session 4**.

PAGE 29

People saw that Jesus had fed 5,000 people from five loaves of bread and two fish. They knew he was the Messiah, God with us.

PAGE 30

Scriptures are the holy writings in the Bible. In the Scriptures, we learn about people who have trusted God. We learn about Mary, Jesus' mother, and her husband, Joseph.

PAGE 30

An angel visited Joseph in a dream and gave him a message from God. The angel told Joseph to take Mary and Jesus to Egypt.

PAGE 31

Joseph trusted God when the angel told him to take Jesus and Mary to safety. By trusting God, Joseph helped protect Mary and Jesus.

PAGE 31

Even when we are alone or afraid, Jesus is with us.

PAGE 32

Peter's name means "rock." John's name means "God is gracious." Matthew's name means "gift of God."

PAGE 32

Christ means "the anointed one." *Emmanuel* means "God is with us." *Jesus* means "God saves."

PAGE 33

When we pray the Apostles' Creed, we tell God the Father we believe in his Son, Jesus.

PAGE 34

Jesus showed us how to live the way God wants us to live.

Celebrating Ordinary Time

Keep these ideas in mind as you study **Unit 1, Session 5**.

PAGE 37

During Ordinary Time, we grow in our faith. We praise the great things God does and know how much he loves us. We learn about the life of his Son, Jesus.

PAGE 38

Ordinary Time is a time to be grateful we belong to our church community. We grow in community by being Jesus to the world.

PAGE 38

Our church community consists of the people who participate in our Church and its activities.

PAGE 39

A parish bulletin tells you about opportunities to serve others.

PAGE 39

Members of a parish sing together, pray together, and love and serve others.

PAGE 39

A missal is a book of prayers used to follow along and pray during Mass.

PAGE 40

We know that God's love is present in our lives every day.

PAGE 41

We celebrate Ordinary Time twice each liturgical year.