

# Jesus Became One of Us

Keep these ideas in mind as you study **Unit 2, Session 6**.

The Incarnation means that Jesus is God made flesh—fully God and fully man. Blessed Marie of the Incarnation reminds us of Jesus' humanity by her work as a missionary to spread the Gospel to the Algonquin and Iroquois peoples in Canada.

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The Gospel of John tells us that the Son of God, the Word, existed from the beginning of time with the Father.

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The Church is worldwide and expresses our faith in a universal way, so we say it is catholic.

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In the Gospels, Jesus showed his divine nature when he performed miracles. These signs showed that the Kingdom of God was present in his ministry. Jesus performed a miracle when he raised Lazarus from the dead.

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A false teaching that distorts a truth of the Catholic faith is called a heresy.

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The Nicene Creed proclaims our belief that Jesus is "true God from true God, begotten, not made, consubstantial with the Father." Composed in the year 325 at the ecumenical council in Nicaea, it states that the Son of God is of the same substance as the Father.

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Jesus addressed his Father as *Abba*, meaning "father" but more like "Papa." Jesus wants us to seek God as a child would seek a parent. He gave his disciples the Great Commandment to "love one another as I have loved you" as a way to know God the Father and to become closer to him.

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Jesus introduced a new way for us to relate to God by teaching his disciples the Lord's Prayer.

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Jesus is our model of humanity. The guiding principle of Catholic social teaching is the dignity of the human person and the holiness of existence. Human dignity comes from God.

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An ancient form of Christian prayer in which you use your imagination while reading Scripture is *lectio divina*. This prayer form involves reading Scripture, meditation, prayer, and contemplation.

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